



NEUROENDOCRINE CANCER GUIDE

TRAVELLING & NEUROENDOCRINE CANCER

2023





Whether you need to take a trip for work, a mini-break or just want to get away from it all, you can reduce the stress of travelling and look after yourself by getting prepared in advance.

In this guide we will help you find out more about travelling when you have Neuroendocrine Cancer.



Information & Advice

If you love to travel, there's no reason why trips in the UK or overseas should be any less enjoyable if you have Neuroendocrine Cancer. They can be the perfect way to relax and reflect – you just might need to spend a little more time planning your trip than usual.

European Health Insurance Card

Did you know that if you are travelling abroad – and your existing EHIC card has expired (or is about to) – you can apply for one of the new FREE of charge Global Health Insurance Cards? There are 2 types of cover available.

You can apply for either:

- a UK Global Health Insurance Card (UK GHIC)
- a UK European Health Insurance Card (UK EHIC), if you have rights under the Withdrawal Agreement

You can use your card to access medically necessary state-provided healthcare when you're visiting an EU country.

Medically necessary healthcare means healthcare that cannot reasonably wait until you come back to the UK. Whether treatment is necessary is decided by the healthcare provider in the country you're visiting.

For full details and to check if you are eligible, click [here](#).

PLEASE NOTE: This card does NOT replace travel insurance, which you must arrange in the usual manner



Travel Insurance

It can be difficult or expensive to get travel insurance after you've been diagnosed with cancer and searching for comprehensive cover can be frustrating. However, there are reputable companies that will provide cover for those with a Neuroendocrine Cancer at a reasonable cost (though do remember any other medical conditions may carry their own cost increases).

Once you've found companies that could help, we'd recommend you phone to discuss your situation rather than using an online application form. Ask to speak to a senior insurance consultant and have information from your care team with you so you can explain exactly what your situation is.

Many insurers do struggle to understand what Neuroendocrine Cancer is, and how it behaves and may affect those living with it, but with persistence, you can find companies who do get it, and will give you the best cover you need at a reasonable cost.

Make sure you allow plenty of time to search for the best deal and when you find it, spread the word!

List of Insurers

We cannot guarantee or formally endorse the companies below, they have been named and recommended by others living with Neuroendocrine Cancer, as being helpful and reasonably priced.

- MIA – 0800 999 3333
- Free spirit – 02392 419 080
- All Clear – 0800 077 777

It may also help to get two quotes; one that covers everything, including your Neuroendocrine Cancer and one that covers everything apart from your Neuroendocrine Cancer.

N.B. If you work or have worked for civil or public service – the organisation or union may offer preferential deals e.g., police force, armed forces, etc. Please mention this to the advisor.



The Sunflower Lanyard Scheme

Living with Neuroendocrine Cancer can make daily life more demanding for many people, but it can be difficult for others to recognise, acknowledge or understand the challenges you face.

The [Sunflower Lanyard Scheme](#) was set up to provide practical help and support for those living with 'hidden' health issues – and is recognised by almost 1000 businesses and organisations across the UK, including all UK airports, most train and coach companies and some supermarket chains.

BIBA's Travel Medical Directory

[BIBA's Travel Medical Directory](#): On the 27th January 2021 the FCA confirmed that BIBA's directory meets its criteria for a 'medical cover firm directory'.

The firms they have listed are authorised and regulated by the Financial Conduct Authority and have been through an approval process to prove their specialism.



Always check with your travel agent or www.gov.uk for the latest advice and information before booking your trip AND before travelling.

